

Sex. (*men*)

Triune God, who invites me into Your community of three persons,

It's easy for me to avoid community and be busy, getting things done and living on the adrenaline of my accomplishments, my intelligence, my hobbies, my work. In chasing after these other things my muscle of human connection atrophies. I have a void in my heart that is meant for connection to others, a connection I often don't know how to cultivate, so I'm tempted with cheap connection. Every hour there's a new opportunity to objectify someone's body (or an image of one) rather than build life-giving community around me.

I need Your connection, Your affection, Your grace, to flood my heart – through knowing the love language of Your cross. Fill me with Your love so that I can move beyond cheap connections to seeing people around me as Your beloved children, created in Your image, brothers and sisters in the holy family. Help me Father, Son, and Holy Spirit – draw near to my soul, I pray.
